

EDC dementia workshop postponed 1 week

Due to this weekend's expected stormy weather the El Dorado County Health and Human Services Agency is postponing the free community workshop about dementia.

The workshop entitled Diagnosis Dementia – Now What? was originally scheduled for March 3. It is now set for March 10 from 9am-2:30pm at the Placerville Senior Day Care, 935A Spring St. in Placerville.

Participants should arrive at 8:30am for sign-in.

The educational workshop is designed for family members and caregivers of those with dementia. The workshop will help equip loved ones and caregivers as they face the challenges of a dementia diagnosis, learn how the brain functions, what to do about new and difficult behaviors and the importance of taking care of oneself as a caregiver.

Class size is limited and registration is required; call 530.621.6180.