

# Out of the doghouse, into the bed

By Jen A. Miller, New York Times

For most Americans, dogs are no longer relegated to the doghouse. According to the American Pet Products Association, an industry trade group, almost 60 percent of dog owners say they regard their pet as a child or member of the family. And many let their dogs snuggle up to sleep right in their human owners' beds, often alongside their owners.

But is sleeping in the same bed with your dog a good idea? Wouldn't they be disruptive to our sleep?

According to a recent study, not really.

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