

'Sound blessing' at Unity at the Lake

Unity at the Lake will welcome back Rene Jenkins as he offers a "sound blessing" on April 8 from noon-2pm.

This is a group sound healing ceremony requiring participants to simply sit or lie down and receive, using ancient indigenous instruments along with some sharing of their historic metaphysical attributes.

Jenkins is a ceremonial sound practitioner and healing performance artist, whose mission of service is to raise consciousness-vibration for individuals and for the planet through sound.

There is a suggested donation of \$30, but no one will be turned away.

He will also be performing the music during Unity's Sunday celebration beginning at 10am.

Unity is at 870 Emerald Bay Road, upstairs in suites 205-7, South Lake Tahoe.