## Letter: Volunteers make difference at B&B

To the community,

The week of April 22 was Pay it Forward week. To honor this concept of making a difference in another person's life, Bread & Broth's Adopt A Day of Nourishment meal on April 23 was sponsored by John McDougall's Pay it Forward grant and members of Unity at the Lake Church.

The Pay it Forward concept is all about people giving to someone else and making a positive difference.

The funding grant came from the Pay it Forward Lake Tahoe Community Fund held at the Parasol Tahoe Community Foundation and it has been funding an annual Adopt A Day for the past three years. Hosting a Monday meal dinner is a truly wonderful way to remind ourselves of the power of giving and being there to experience how a hot, nutritious meal can brighten the day for folks in need.

In addition to John McDougall, Unity at the Lake Church members Michael and Ileene Lipkin, Al Miller and Darya Vost joined the B&B volunteer welcoming, serving and seeing to the needs of the dinner guest who arrived at St. Theresa Grace Hall.

"We are so happy to assist the wonderful people at Bread & Broth," said McDougall. "The service provided to our community is so important to so many."

B&B would like to thank McDougall and Unity at the Lake church members for their giving spirit and their commitment to helping others.

Carol Gerard, Bread & Broth