

Latino Family Health Day

Latino Family Health Day – Everyone is invited to free medical screenings, health information for the entire family. Bijou Community School. May 26 from 3-7pm.

(530) 543.5615

Senior fitness day

“Senior Health & Fitness Day” – Barton Health supports National Senior Health & Fitness Day at Kahle Community Center on May 26 from 6am to 9pm.

Seniors are encouraged to stop by Kahle Community Center in Stateline to enjoy a complimentary workout and a free Barton Health goodie bag.

Important health-related information will be available. (775) 589.7271

Diabetes support group

Diabetes Support Group “Balancing Calories, Carbs & Glucose” presented by Lynn Norton, MS, RD, Clinical Dietitian. Free. March 23 from 7 to 8 pm. (530) 543.5548

Relay for Life concert

South Shore's Relay For Life Kickoff Concert is April 3 at MontBleu.

Returning to help celebrate the fight against cancer is Mike E and Afroflow, who put on a all ages show at last year's kickoff.

Joining them this year will be Lavish Green which played for at last year's Relay. A band from Fresno, 40 Watt Hype, will also play.

Doors open at 3:30pm for sign ups and a meet-and-greet with the musicians and the show begins at 6:30pm.

[Click here to sign up for this year's Relay for Life.](#)

Girls basketball clinic

Douglas County Parks and Recreation Department Girls Basketball Clinics for grades 3-8 will be at Kahle Community Center in Stateline March 6 and March 13 from 4-6pm.

Cost: \$8 per clinic, payable to the instructor.

Kahle Community Center will offer a girls 3 on 3 basketball league next fall-winter.

For Information, call (775) 588.5309 or email tracyowenchapman@gmail.com.

Fresh Ketch winemaker dinner

Martin Ray Winemaker's Dinner March 10 at 6:30pm at Fresh Ketch in South Lake Tahoe. Cost is \$65 per person. Make your reservations at (530) 541.5683.

Winemaker dinner at PlumpJack

PlumpJack Squaw Valley Inn hosts Napa Valley-based winery Morlet Family – Luc Morley on March 11 for a winemaker dinner. Guests have the chance to mingle with winemakers and taste their wines.

'Wall of White' author at Squaw Creek

Squaw Valley Institute hosts author Jennifer Woodlief of "A Wall of White", the story of the avalanche at Alpine Meadows Ski Area during the 1982-83 ski season, on March 11 at 6pm at the Resort at Squaw Creek in Olympic Valley. Cost for lecture is \$10.

‘Bike Tour Eurasia’

Sierra Nevada College in Incline Village hosts a “Bike Tour Eurasia” presentation March 4 at 5:30pm, as two of the college’s graduates shed light on their six-month, 7,000-mile bike trip across Eurasia using digital images.

Ted Gaines in South Lake Tahoe

Assemblyman Ted Gaines, R-Roseville, community meeting March 30, 6:30-8pm at Lake Tahoe Community College, Aspen Room, 1 College Drive, South Lake Tahoe.