

# Lake Tahoe Demo Club meeting

Lake Tahoe Democratic Club meets the second Wednesday of each month at 6:30pm in the Loft above the Blue Angel Cafe, 1132 Ski Run Blvd., South Lake Tahoe.

Clint Curtis, the Democratic candidate for Congress will address the LTDC meeting.

Everyone welcome.

[www.laketahoedems.org](http://www.laketahoedems.org)

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# LT Democratic Club meeting

Chief (ret.) Stan Perez will join the Lake Tahoe Democratic Club on Feb. 10 to discuss his candidacy for sheriff of El Dorado County and the upcoming June primary.

Monthly meetings are the second Wednesday of each month at 6:30pm in the Loft above the Blue Angel Cafe, 1132 Ski Run Blvd., South Lake Tahoe.

Everyone is welcome.

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# Women's Winter Day Tour

Women's Winter Day Tour at Hope Valley Outdoors is Feb. 6.

It's a chance to celebrate women, winter and chocolate. It's also a fundraiser to fight domestic violence.

Times:

10am registration at the yurt

10:30am mini lesson

11:00am demo different equipment

1pm main tour event.

Cost is \$25, with \$15 going directly to South Lake Tahoe Women's Center. Cash or checks only.

Hope Valley Outdoors is at the junction of highways 88 and 89, south of South Lake Tahoe.

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# Senior ski clinic at Sugar Bowl

Designed for skiers and boarders age 55 and over, Sugar Bowl Ski Resort hosts the Senior's All Mountain Adventure Camp Feb. 9-11.

Participants use modern contemporary ski techniques to improve mechanics and subsequently reduce fatigue.

Cost is \$225/person.

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# Yoga and skate ski clinic in Tahoe City

Tahoe Cross Country in Tahoe City hosts a Yoga & Skate Ski Clinic on Feb. 7 at 9am, with yoga in the resort's yurt, which is heated by a woodstove.

After yoga, a skate skiing class helps participants focus on what they learned about body alignment in the yoga class.

Class is limited to 20.

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# Retro day at Mt. Rose

Pull out the stretch pants and skinny skis for Mt. Rose's Slide Back Retro Ski Party Feb. 6, 9am-4pm.

Located just outside of Incline Village, ski officials are asking winter enthusiasts to break all of the laws of ski fashion and take part in the resort's popular Fashion Contest to win up to \$500 in modern gear from the Village Ski Loft.

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# **Soup's On at Sierra Vista Winery**

Sierra Vista Winery's annual Soup's On event. Soups are paired with wines. Plenty of chocolate will be on hand, too.

Cost is \$10 per person which includes logo glass. It's free to wine club members.

For more information, go to [www.sierravistawinery.com](http://www.sierravistawinery.com) or call (530) 622.7221.

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# **Taco fundraiser for trip to D.C.**

St. Theresa 8th-grade class Washington, D.C., taco dinner fundraiser is Feb. 27 from 5-8pm.

Tickets are \$10 for adults, \$5 for kids.

The event is at Grace Hall in South Lake Tahoe.

Tickets available from any eighth-grade student, at the door or at the front office at Saint Theresa School at 1081 Lyons Ave. or call (530) 544.8944,

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# Genoa Cowboy Poetry & Music Festival

The first Genoa Cowboy Poetry & Music Festival is scheduled for April 29 to May 2, and organizers are working to combine Carson Valley's varied cultural heritage and history with music, poetry, performance and visual arts to create an event worthy of its location.

The festival will feature more than 50 performances in a variety of venues around Genoa during the four days as well as exhibits, vendors, workshops and of course, opportunities to enjoy beverages and dining. Participants in all of those areas, from well known musical and cowboy poetry performers to crafters, instructors and vendors are being pursued by the festival's Program Committee and other committees, including Marketing & Publicity, Logistics, Education/Workshops, Finance, Visual Arts and Food are moving forward to put their elements in place.

For more information, [click here](#).

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## Unity at the Lake Healing Circle

Unity at the Lake Healing Circle at the Star Tahoe Building, 2489 Lake Tahoe Blvd., Ste. 27, South Lake Tahoe on Feb. 8 at noon.

Join us as we affirm and align in consciousness with the Truth that we are already whole. Simply one of the best ways to

align our minds with Divine Mind and claim our Divine Inheritance! Bring a healing request to share in this powerful and prayerful ceremony.

Love offering.

For more info, call (530) 544.2266 or visit [www.unityatthelake.org](http://www.unityatthelake.org).