### SITS meeting

Soroptimist International Tahoe Sierra meeting Jan. 28, 7:30am at the South Lake Tahoe Senior Center.

Arturo Rengal of Lake Tahoe Community College and the HOPE Club is the guest speaker.

## SITS meeting

Soroptimist International Tahoe Sierra meeting Jan. 21, 7:30am at the South Lake Tahoe Senior Center.

Lauren Thomaselli from Explore Tahoe is the guest speaker.

## SITS meeting

Soroptimist International Tahoe Sierra meeting Jan. 14, 7:30am at the South Lake Tahoe Senior Center.

Bob Hickman, Bijou Community School, will speak on Bijou's scholarship fundraising for graduating seniors who attended Bijou and on their leadership program.

# Lava Cap Winery at Sierra-at-Tahoe

Swing by the Sierra Pub at Sierra-at-Tahoe from 3-4pm on Jan. 7 and Jan. 21 for a taste of Lava Cap Winery.

Guests with a lift ticket or season pass will receive a 20 percent discount off any wine purchase through the end of this ski season.

# Artist reception at LTCC

South Shore artist and poet Yasmin Sayyed will display her abstract paintings in Lake Tahoe Community College's Foyer Gallerv Jan. 9-March 20.

An Artists' Reception is Jan. 14, 6-8pm.

Born in New York of Cape Verdean and Caribbean ancestry, much of her professional life has been spent as an educator, researcher and psycho-educational therapist. Sayyed has had a lifelong passion for making art in the service of spirituality, peace, and truth-telling inform these colorful and magical paintings.

#### Globetrotters in Reno

The Harlem Globetrotters will be at UNR's Lawlor Events Center Jan. 12 at 7pm.

Tickets range from \$15 to \$88; call 800-641-4667 (775) 784.4444 or go to www.harlemglobetrotters.com.

#### Abbacadabra at Harrah's Tahoe

Abbacadabra – The Ultimate ABBA Concert is at Harrah's Lake Tahoe South Shore Room on May 28-30 at 7:30pm. Tickets are \$25. Call 800.786.8208 or purchase tickets online at www.SouthShoreRoom.com.

# Elvin Bishop at Harrah's Tahoe

Elvin Bishop is at Harrah's Lake Tahoe South Shore Room on May 22 at 7:30pm. Tickets are \$29. Call 800.786.8208 or purchase tickets online at www.SouthShoreRoom.com.

# USDA food distribution in Douglas County

The 2010 USDA food distribution schedule at the Tahoe Douglas Senior Center, 885 Highway 50, Zephyr Cove is from 9-10am on Jan. 28, March 25, May 27, July 29, Sept. 30 and Nov. 18.

The eligibility requirements are: having Nevada ID, reading the "self-declaration assurance" form and signing it to the certify that household income does not exceed 150 percent of the federal poverty guidelines.

The types of commodities expected to be available are canned juices, canned fruits and vegetables, canned and frozen meats, dry beans, peanut butter, dry milk and pastas. There will be approximately eight commodities per distribution per person in household.

There are other Douglas County distribution locations as well as one in Carson City. The food distribution program is administered through the state  $\hat{a} \in \text{(775)}$  688.2828.

## Map and compass class

Improve your navigation skills with a course where you will learn to read map contour lines and translate them to the actual terrain. With your compass you'll learn about magnetic north, true north and declination. Then we'll put it all together to pinpoint your location and plan your route. Map, compass, snowshoes, gaiters and trekking poles provided.

\* Location: Donner Summit Sno Park (permit required and

available at REI)

- \* Cost:\$50 for REI members, \$75 for non-members
- \* Registration required. Call (775) 828.9090.