Boxing champ trains in Tahoe

Four-time world champion Carina "La Reinaâ€□ Moreno has been training in Lake Tahoe to get ready for the altitude of Mexico when she defends her WBC minimum-weight title against Anabel Ortiz on Oct. 31.

Recognition for Tahoe restoration efforts

Preservation of the Lake Tahoe Basin earned Huffman & Carpenter Inc. of Reno the U.S. Army Corp of Engineers' Lake Tahoe Award of Distinction.

The Corps' Sacramento District honored the wetlands regulatory and hydrological consulting firm for its efforts in project development and implementation of the Army Corps of Engineers Civil Works, Lake Tahoe Program. The project is part of the \$3.5 billion environmental improvement program.

Forest Service seeks project proposals

The U.S. Forest Service, Lake Tahoe Basin Management Unit is accepting Round 11 project proposals for Lake Tahoe restoration projects authorized by the Southern Nevada Public Land Management Act (SNPLMA). Project proposal packages will

be accepted through the close of business on Nov. 20.

Lake Tahoe Basin projects under SNPLMA must qualify as an Environmental Improvement Program (EIP) project and be the responsibility of the federal government (federal share responsibility); and have a willing and ready federal sponsor.

Project nominations must be consistent with one of the focus areas in the June 2006 Federal Vision (pp. 8-9) and fit into at least one category.

(http://www.fs.fed.us/r5/ltbmu/documents/ltbec/revised-FV-Fina l.pdf)

To submit a Capital Project, go to http://www.fs.fed.us/r5/ltbmu/local/snplma/round-11/ and follow the

required steps. Incomplete packages will not be accepted for consideration.

Squaw ski foundation scholarships

Squaw Valley Freestyle Team is a nonprofit foundation whose main objective is to provide kids with support systems. There are eight scholarships available for local athletes who are looking to advance their skiing knowledge and abilities.

What: Eight Local Skiing Scholarships for Squaw Valley Freestyle/Freeride Team

Who: Lake Tahoe Basin or Truckee student-athletes 7th-12th grades. (all schools)

Due: Nov. 1

Where: Squaw Free Scholarships: PO Box 2173 Olympic Valley,

CA, 96146

Application: Available at www.squawfree.org

Contact: Nat Schirman, nat@ovfreestyle.com or (530) 412.3145

Caregiver classes

A series of classes is designed to provide instruction and support for caregivers who are or plan to care for a family member or friend 60 years of age or greater. Classes will be from 1-3pm at Embassy Suites 4130 Lake Tahoe Blvd., South Lake Tahoe.

All classes and materials are offered for free, donations are gratefully accepted.

- **Oct. 26**: Fedora Repair, Partnering with Your Doctor, Alzheimer's Association of Northern Nevada;
- Nov. 2: Hard Hats, Working as a Family, Deborah Brusco & Nancy Milton, Elder Mediation;
- **Nov. 9:** Removing the Black Veil, Grief, Loss, Health & Recovery, Rebecca Phillipsen, Social Worker, Barton Home Health & Barton Hospice;
- **Nov. 16:** Sunday Bonnets, A Daughter's Journey, Carol Kinsel, owner, Senior Care Solutions;
- **Nov. 23**: Comfortable Baseball Cap, Affirmative Response Technique for Difficult Behavior, Laura Wayman, Dementia Whisperers.

Book publisher talks about the written word



Hear Kim Wyatt, publisher of Bona Fide Books based in Meyers, talk with Lake Tahoe News Publisher Kathryn Reed about the state of publishing and what her company is doing to keep the written word alive. She will be on KTHO-AM 590 on Saturday at 10am and Monday at 6pm. Or listen online at www.kthoradio.com.

Snippets from Lake Tahoe

CalSTAR – which is celebrating its 25th anniversary — opened a base in Amador County this summer.

El Dorado County named Olivia Kasirye health officer.

Sherry Miller has been hired as director of Lake Tahoe Airport.

Rhonda McFarland returned to the South Shore to be TRPA's director of finance.

Christmas Cheer in dire need of donations

Tom Davis, who is on the board of Christmas Cheer, told the South Lake Tahoe City Council on Tuesday that the shelves are bare and hours of operation have been cut to two days a week.

The reduced hours isn't because the demand is down, but because there is nothing to hand out.

The nonprofit provides food and other goods to those in need.

Christmas Cheer is open Tuesdays and Thursday from 10am-2pm at 2085 Eloise Ave., South Lake Tahoe. For more information on donating to Christmas Cheer, call (530) 542Â.4934.

Embassy Suites engineer honored by peers

Embassy Suites Hotels has honored David Hansen, chief engineer of the Embassy Suites Lake Tahoe Hotel & Ski Resort with the company's Spirit of Embassy Award. This award designates Hansen as a top performer within Embassy Suites Hotels.

Nominated by their peers because of exemplary loyalty, attitude and service, the chosen team members continually exceed expectations of both customers and fellow team members. Less than 1 percent of all Embassy Suites team members nationwide receive this honor each year.

Hansen was nominated for the award by his peers after proving to be an exceptional role model.

EDC Mental Health Commission meeting Oct. 26

The Mental Health Commission of El Dorado County will host a public meeting on Oct. 26 at noon.

The meeting will include a special training on MHSA Innovation and a public hearing for the Mental Health Prevention and Early Intervention Prudent Reserve. The meeting will be simultaneously at:

El Dorado County Mental Health, 1900 South Lake Tahoe Blvd., South Lake Tahoe; and El Dorado County Mental Health 670 Placerville Drive, Suite 1B, 2nd floor, Lake Tahoe Conference Room, Placerville.

Information about the PEI Prudent Reserve has been posted on the county's website for a 30-day public review and comment period through Oct. 25.