

# RAOK: Finding good people in Tahoe's schools

Recognizing the efforts of a cafeteria worker at her child's school has earned Michelle Ramirez two tickets to ride the tram at Squaw Valley.



She is the latest winner of *Lake Tahoe News'* Random Acts of Kindness. However, she wants Joy Santos, the worker, to receive the award. So it is Joy who will be off to Squaw with a friend.

Each day a Random Acts of Kindness story is posted with that day's winner. Past stories may be found under the Random Acts of Kindness category at the top of the page.

To win, all you have to do is witness a Random Act of Kindness, be the recipient of kindness or be the giver. These acts can take most any form, from opening a door, to stacking firewood, to giving a ride to someone in need. What is your Random Act of Kindness?

It isn't about winning, it's about being kind. But local businesses have stepped up by being kind and rewarding your Random Acts of Kindness. To keep with the theme, winners are picked randomly.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

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# RAOK: A little fuel to be able to keep stacking that wood

Help with stacking wood is always welcome. That's just what Dee Phillips got.



Being appreciative of her friend's Random Act of Kindness has her being today's winner of *Lake Tahoe News'* monthlong RAOK promotion. She will be getting a gift certificate from Cork and More for one of their deli sandwiches.

Random Acts of Kindness is *Lake Tahoe News'* way to fire up that spirit of kindness that so often seems to be missing. Acts of kindness are just that – an act of kindness. It doesn't have to be something grandiose – though some of the comments prove they can be.

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## RAOK: An honest clerk sets

# the tone for the day

Just being honest can make a person's day. It made Jenny Anderson's.



She is *Lake Tahoe News*' latest Random Acts of Kindness winner. But she is giving her prize to the clerk, Jared, who helped her. Weidinger Public Relations is arranging for him to play a round of golf at Edgewood Tahoe.

Random Acts of Kindness are selfless acts performed randomly. They occur every day. *Lake Tahoe News* wants to tell the world about them. That's what this promotion through the month of January is all about – promoting kindness.

Tell us about the Random Act of Kindness you did, witnessed or received at the bottom of this story to be considered for tomorrow's prize.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

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## **RAOK: Providing help because it was the right thing to do**

Nancy Hussman's tale about how she and her husband helped an injured man until authorities arrived is the winning selection for today's Random Acts of Kindness award.



Winners are picked randomly each day. To be in the running, just write a comment below about a Random Act of Kindness you witnessed, or were part of by either being the recipient or the giver of the act.

Throughout January *Lake Tahoe News* is promoting Random Acts of Kindness. It doesn't have to be something major. Kindness comes in many forms.

Area businesses are donating the rewards. Nancy will be receiving a gift certificate to Sprouts.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

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## **RAOK: Teaching her daughter to give at an early age**

Heather Cade is going skiing at Sierra-at-Tahoe because she is the latest winner of *Lake Tahoe News*' Random Acts of Kindness promotion.



Maybe she'll be giving the award to her daughter – after all, Mykenzie is the one who donated her old toys to be used by kids who don't have as much as she has.

Random Acts of Kindness is *Lake Tahoe News*' way to start off the year on a positive note by encouraging kindness. Local businesses are supplying the rewards.

It's free and easy to participate. All you have to do is

perform a Random Act of Kindness, witness one or be the recipient of an act. Then tell us about it via a comment at the bottom of this story.

Each day this month someone will be rewarded. You may post every day. Winners are picked randomly.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

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## **RAOK: Recognizing the good others have done**

What Random Act of Kindness have you done, witnessed or been a recipient of?



Let us know by writing about it at the end of this story and you may win something.

Bob Sweatt is the latest winner of the RAOK promotion sponsored by *Lake Tahoe News*. He nominated a friend, but we have Bob's contact info so the award is going to him. He won a \$50 certificate from Sealed with a Kiss.

Our goal is to start off the year on a great note and recognizing all the little and big things people do for one another. Local businesses are getting in on the acts by providing the prizes.

Now, tell us about your Random Act of Kindness.

The few rules that apply to the promotion and more details about it can be found on this story.

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## **RAOK: Giving to others who are in need**

Random Acts of Kindness come in all forms. This is truly evident by the varied comments that have been posted through this promotion *Lake Tahoe News* is sponsoring through the month of January.



Janice Eastburn is the most recent award recipient. She is receiving a one-hour business consultation session with Knox & Associates as well as the new book about Steve Jobs.

It's easy to be part of Random Acts of Kindness. Write a comment below about an RAOK you received, witnessed or partook in.

The goal is the kindness expressed throughout January will continue forever. But this will only be successful if you tell everyone about the Random Acts of Kindness.

The few rules that apply to the promotion and more details about it can be found on this story.

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# RAOK: From school mascot to restaurant diner

Pedro Kinner will soon be eating at Echo Restaurant inside Embassy Suites in South Lake Tahoe.



This is because he is *Lake Tahoe News*' latest Random Acts of Kindness winner and Echo donated a \$25 gift certificate.

Every day people are doing Random Acts of Kindness, are the recipient of one or witness one. *Lake Tahoe News* is providing a forum for people to share those experiences. Local businesses are supplying the rewards.

It's free and easy to participate – and it's going on all month.

There is no limit to the number of times you can submit an entry. To do so, write about the Random Act of Kindness at the bottom of this story. Winners are picked randomly.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

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# RAOK: Emotional freedom for people and animals

Larry Sabo is today's Random Acts of Kindness winner. He was nominated by a colleague who wanted him to be the recipient of

the award because he demonstrated the Act of Kindness. He rescued a pigeon that flew into an office window, calmed it down and then took it to Lake Tahoe Wildlife Care.



Larry is the winner of a 45-minute Emotional Freedom Technique session with Rosemary Manning at Tahoe Health Touch.

Random Acts of Kindness is *Lake Tahoe News'* way to start off the year on a positive note by encouraging kindness. Local businesses are supplying the rewards.

It's free and easy to participate. All you have to do is perform a Random Act of Kindness, witness one or be the recipient of an act. Then tell us about it via a comment at the bottom of this story.

Each day through the month of January someone will be rewarded.

If you haven't been picked, just keep trying. Winners are picked randomly.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

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## **RAOK: From dinner for his wife to watching the Giants**

Bruce Brown is going to see the May 19 baseball game at AT&T Park courtesy of *Lake Tahoe News*. The San Francisco Giants host the Oakland A's that day.



He and whomever he chooses to take are going because Brown was randomly chosen as the latest winner of *Lake Tahoe News'* Random Acts of Kindness promotion. Based on his Act of Kindness – surprising his wife with dinner – the second ticket may be spoken for already.



It's free and easy to participate. All you have to do is perform a Random Act of Kindness, witness one or be the recipient of an act. Then tell us about it via a comment at the bottom of this story.

Each day through the month of January someone will be rewarded by a business in Lake Tahoe.

If you haven't been picked, just keep trying. Winners are picked randomly.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.